



Lillybrook  
In Times of Struggle, We Are Here

**Screening Information**

ACCT#: \_\_\_\_\_  
Child/Adolescent

**Please Print Clearly:**

Date: \_\_\_\_\_ Readmit: \_\_\_\_\_ Yes \_\_\_ No

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Ok to leave messages? Home: \_\_\_ Yes \_\_\_ No Work: \_\_\_ Yes \_\_\_ No Cell: \_\_\_ Yes \_\_\_ No

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_ F \_\_\_ M Race: \_\_\_\_\_

Name of Parent/Guardian \_\_\_\_\_ Phone: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Would you like to receive a monthly newsletter? Yes please, my email is \_\_\_\_\_ No thank you \_\_\_

**Referral Source**

How did you hear about Lillybrook Counseling Services (or from whom)? \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

**Emergency Information**

In case of emergency, contact:

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Employment Information**

Client/Guardian: Place: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse: Place: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Insurance Information**

Primary Insurance: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

Contract/ID#: \_\_\_\_\_ Contract/ID#: \_\_\_\_\_

Group/Acct#: \_\_\_\_\_ Group/Acct#: \_\_\_\_\_

Subscriber: \_\_\_\_\_ Subscriber: \_\_\_\_\_

Subscriber Date of Birth: \_\_\_\_\_ Subscriber Date of Birth: \_\_\_\_\_

Client's relationship to subscriber: \_\_\_\_\_ Client's relationship to subscriber: \_\_\_\_\_

If you need any more space for any of the questions, please use the back of the sheet.

**Primary reason(s) for seeking services:**

- |                                           |                                            |                                          |                                                        |                                              |
|-------------------------------------------|--------------------------------------------|------------------------------------------|--------------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Anger Management | <input type="checkbox"/> Anxiety           | <input type="checkbox"/> Coping          | <input type="checkbox"/> Depression                    | <input type="checkbox"/> Eating Disorder     |
| <input type="checkbox"/> Fear/Phobias     | <input type="checkbox"/> Mental Confusion  | <input type="checkbox"/> Sexual Concerns | <input type="checkbox"/> Sleeping Problems             | <input type="checkbox"/> Addictive Behaviors |
| <input type="checkbox"/> Alcohol/Drugs    | <input type="checkbox"/> Past Trauma       | <input type="checkbox"/> Hyperactivity   | <input type="checkbox"/> Self-injury                   | <input type="checkbox"/> Self-esteem         |
| <input type="checkbox"/> Impulsivity      | <input type="checkbox"/> Behavior Problems | <input type="checkbox"/> Distractibility | <input type="checkbox"/> Other (please specify): _____ |                                              |
- 
- 

How long have these symptoms been present? \_\_\_\_\_

What are you goals for your child's therapy? (What outcome(s) would you like to take place?) \_\_\_\_\_

Any additional information that would assist us in understanding your concerns or problems \_\_\_\_\_

What family involvement would you like to see in therapy? \_\_\_\_\_

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**Behavioral/Emotional**

- |                                                               |                                               |                                                   |
|---------------------------------------------------------------|-----------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Affectionate                         | <input type="checkbox"/> Frustrated easily    | <input type="checkbox"/> Sad                      |
| <input type="checkbox"/> Aggressive (___ Verbal ___ Physical) | <input type="checkbox"/> Gambling             | <input type="checkbox"/> Selfish                  |
| <input type="checkbox"/> Alcohol dependence                   | <input type="checkbox"/> Generous             | <input type="checkbox"/> Separation anxiety       |
| <input type="checkbox"/> Angry                                | <input type="checkbox"/> Hallucinations       | <input type="checkbox"/> Sets fires               |
| <input type="checkbox"/> Anxiety                              | <input type="checkbox"/> Head banging         | <input type="checkbox"/> Sexual addiction         |
| <input type="checkbox"/> Attachment to dolls                  | <input type="checkbox"/> Heart problems       | <input type="checkbox"/> Sexual acting out        |
| <input type="checkbox"/> Avoiding adults                      | <input type="checkbox"/> Hopelessness         | <input type="checkbox"/> Shares                   |
| <input type="checkbox"/> Bedwetting                           | <input type="checkbox"/> Hurts animals        | <input type="checkbox"/> Short attention span     |
| <input type="checkbox"/> Blinking/Jerking                     | <input type="checkbox"/> Imaginary friends    | <input type="checkbox"/> Shy, timid               |
| <input type="checkbox"/> Bizarre behavior                     | <input type="checkbox"/> Impulsive            | <input type="checkbox"/> Sleeping problems        |
| <input type="checkbox"/> Bullies threatens                    | <input type="checkbox"/> Irritable            | <input type="checkbox"/> Slow moving              |
| <input type="checkbox"/> Careless, reckless                   | <input type="checkbox"/> Lazy                 | <input type="checkbox"/> Soiling                  |
| <input type="checkbox"/> Chest pain                           | <input type="checkbox"/> Learning problems    | <input type="checkbox"/> Speech problems          |
| <input type="checkbox"/> Clumsy                               | <input type="checkbox"/> Lies frequently      | <input type="checkbox"/> Steals                   |
| <input type="checkbox"/> Confident                            | <input type="checkbox"/> Listens to reason    | <input type="checkbox"/> Stomach aches            |
| <input type="checkbox"/> Cooperative                          | <input type="checkbox"/> Loner                | <input type="checkbox"/> Suicidal threats         |
| <input type="checkbox"/> Computer addiction                   | <input type="checkbox"/> Low self-esteem      | <input type="checkbox"/> Suicidal attempts        |
| <input type="checkbox"/> Defiant                              | <input type="checkbox"/> Messy                | <input type="checkbox"/> Talks back               |
| <input type="checkbox"/> Depression                           | <input type="checkbox"/> Moody                | <input type="checkbox"/> Teeth grinding           |
| <input type="checkbox"/> Destructive                          | <input type="checkbox"/> Nightmares           | <input type="checkbox"/> Thumb sucking            |
| <input type="checkbox"/> Difficulty speaking                  | <input type="checkbox"/> Obedient             | <input type="checkbox"/> Tics or twitching        |
| <input type="checkbox"/> Dizziness                            | <input type="checkbox"/> Often sick           | <input type="checkbox"/> Unsafe behaviors         |
| <input type="checkbox"/> Drug dependence                      | <input type="checkbox"/> Oppositional         | <input type="checkbox"/> Unusual thinking         |
| <input type="checkbox"/> Eating disorder                      | <input type="checkbox"/> Overactive           | <input type="checkbox"/> Weight loss              |
| <input type="checkbox"/> Enthusiastic                         | <input type="checkbox"/> Overweight           | <input type="checkbox"/> Withdrawn                |
| <input type="checkbox"/> Excessive masturbation               | <input type="checkbox"/> Panic attacks        | <input type="checkbox"/> Worries excessively      |
| <input type="checkbox"/> Expects Failure                      | <input type="checkbox"/> Phobias              | <input type="checkbox"/> Sleeping in bed problems |
| <input type="checkbox"/> Fatigue                              | <input type="checkbox"/> Poor appetite        |                                                   |
| <input type="checkbox"/> Fearful                              | <input type="checkbox"/> Psychiatric problems |                                                   |
| <input type="checkbox"/> Frequent injuries                    | <input type="checkbox"/> Quarrels             |                                                   |
| <input type="checkbox"/> Other: _____                         |                                               |                                                   |

**What areas of your life are being affected by the above?**

**Social**

- Unable to form or maintain friendships
- Withdrawal from family and friends  
(excessive desire to be alone)
- Increased conflict with others
- Loss of interest in social activities
- Phobia
- Poor social skills
- Attachment problems

**Academic**

- Failing grades
- Skipping school
- Tardiness
- Detention
- Reduced productivity
- Homework problems
- Fighting/conflicts with students/teachers

**Affective Distress**

- Crying spells
- Mood swings
- Concentration problems
- Disorganized thoughts
- Feeling overwhelmed with emotions
- Worrying that interferes with the ability to concentrate
- Memory problems
- Anger/rage

**Occupational**

- Unable to maintain job
- Absenteeism
- Conflicts with co-workers
- Tardiness
- Reduced productivity
- Disciplinary action for poor performance

**Physical**

- Decreased energy/fatigue
- Difficulty getting out of bed or insomnia
- Decreased/Increased appetite (circle one)
- Substantial weight loss or gain (circle one)
- Psychosomatic complaints (headaches, stomach aches, etc.)
- Frequent illness
- Bed wetting

**Risk Assessment**

- Suicidality
- Homicidality
- Drug/Alcohol use
- Unprotected sex
- Cutting/Self-injury

Please describe how the above symptoms impair your ability to function effectively (e.g. socially, occupationally, academically, emotionally, physically) \_\_\_\_\_

**Do you feel suicidal/homicidal at this time?** \_\_\_ No \_\_\_ Yes

**If Yes, explain:** \_\_\_\_\_

**Are you engaged in any risk-taking behaviors?** \_\_\_ No \_\_\_ Yes

**If Yes, explain:** \_\_\_\_\_

Has the child/adolescent experienced death? (friends, family, pets, other) \_\_\_No \_\_\_Yes

At what age? \_\_\_ If yes, describe the child's/adolescent's reaction \_\_\_\_\_

Have there been any other significant changes or events in your child's life? (family, moving, fire, etc.) \_\_\_No \_\_\_Yes

If yes, describe \_\_\_\_\_

Do you suspect your child is using any alcohol or drugs? (including illicit, prescription, over-the-counter or cigarettes) \_\_\_No \_\_\_Yes

Explain \_\_\_\_\_

How are behaviors generally handled? \_\_\_\_\_

**Counseling/Prior Treatment History**

	Yes	No	When	Where	Overall Experience
Mental health counseling	___	___	_____	_____	_____
	___	___	_____	_____	_____
Psychiatrist for medication	___	___	_____	_____	_____
	___	___	_____	_____	_____
Suicidal/homicidal thoughts	___	___	_____	_____	_____
Suicidal/homicidal attempts	___	___	_____	_____	_____
Drug/Alcohol Treatment	___	___	_____	_____	_____
Mental Health Hospitalizations	___	___	_____	_____	_____
Involvement with self-help groups (e.g. AA, Al-Anon, NA)	___	___	_____	_____	_____

Previous mental health diagnosis: \_\_\_\_\_  
 Any immediate family in treatment currently? If yes, whom and where? \_\_\_\_\_

**Parental Information**

**Client's Mother**

Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_ FT\_\_\_ PT\_\_\_  
 Where employed \_\_\_\_\_ Work phone \_\_\_\_\_  
 Mother's education \_\_\_\_\_

Is the child currently living with the mother? \_\_\_No \_\_\_Yes If no, which of the following:  
 \_\_\_Step-parent \_\_\_Adoptive parent \_\_\_Foster Home \_\_\_Other \_\_\_\_\_

Is there anything notable, unusual or stressful about the child's relationship with the mother? \_\_\_No \_\_\_Yes If yes, describe:  
 \_\_\_\_\_

How is the child disciplined by the mother (e.g. grounding, spanking)? \_\_\_\_\_  
 For what reasons is the child disciplined by the mother? \_\_\_\_\_

**Client's Father**

Name \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_ FT\_\_\_ PT\_\_\_  
 Where employed \_\_\_\_\_ Work phone \_\_\_\_\_  
 Father's education \_\_\_\_\_

Is the child currently living with the father? \_\_\_No \_\_\_Yes If no, which of the following:  
 \_\_\_Step-parent \_\_\_Adoptive parent \_\_\_Foster Home \_\_\_Other \_\_\_\_\_

Is there anything notable, unusual or stressful about the child's relationship with the father? \_\_\_No \_\_\_Yes If yes, describe:  
 \_\_\_\_\_

How is the child disciplined by the father (e.g. grounding, spanking)? \_\_\_\_\_  
 For what reasons is the child disciplined by the father? \_\_\_\_\_

With whom does the child live at this time? \_\_\_\_\_  
 Were the child's parents ever married? \_\_\_No \_\_\_Yes  
 Are parents divorced or separated? \_\_\_No \_\_\_Yes  
 If yes, who has legal/physical custody? \_\_\_\_\_

**\*\*BRING CUSTODY PAPERWORK TO FIRST SESSION IF PARENTS ARE DIVORCED\*\***

Amount of time spent with each parent \_\_\_\_\_

Who handles responsibility for your child in the following areas?

School                     Mother     Father     Shared     Other (specify) \_\_\_\_\_  
 Health                     Mother     Father     Shared     Other (specify) \_\_\_\_\_  
 Problem behavior         Mother     Father     Shared     Other (specify) \_\_\_\_\_

Discipline Techniques: \_\_\_\_\_

Quality of Parents' Marriage:  Good     Average     Poor

Does arguing happen in front of the child?  No     Yes

Is there any significant information about the parents' relationship or treatment toward the child that might be beneficial to know for counseling?  No     Yes    If yes, describe \_\_\_\_\_

**Client's Siblings and Others Who Live in the Household**

Names of Siblings	Age	Gender	Lives		Quality of relationship with the client		
			<input type="checkbox"/> Home	<input type="checkbox"/> Away	<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good
			<input type="checkbox"/> Home	<input type="checkbox"/> Away	<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good
			<input type="checkbox"/> Home	<input type="checkbox"/> Away	<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good
			<input type="checkbox"/> Home	<input type="checkbox"/> Away	<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good

Others living in the household	Age	Gender	Relationship (e.g. cousin, foster child)	Quality of relationship with the client		
				<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good
				<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good
				<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good
				<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good

Comments \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Childhood/Adolescent History**

**Pregnancy/Birth**

Has the child's mother had any occurrences of miscarriages or stillborns?  No     Yes    If yes, describe \_\_\_\_\_

Was the pregnancy with child planned?  No     Yes    Length of pregnancy \_\_\_\_\_

Mother's age at child's birth \_\_\_\_\_ Father's age at child's birth \_\_\_\_\_ Child # \_\_\_\_\_ of \_\_\_\_\_ total children.

While pregnant did mother smoke? \_\_\_\_\_ If yes, what amount \_\_\_\_\_

Did the mother use drugs or alcohol? \_\_\_\_\_ If yes, type/what amount \_\_\_\_\_

While pregnant, did the mother have any medial or emotional difficulties (e.g. surgery, hypertension, medication)  No     Yes

If yes, describe \_\_\_\_\_

Length of labor \_\_\_\_\_ Induced  No     Yes    Caesarean  No     Yes

Baby's birth weight \_\_\_\_\_ Baby's birth length \_\_\_\_\_

Describe any physical or emotional complications with the delivery \_\_\_\_\_

Describe any complications for the mother or the baby after the birth \_\_\_\_\_

Length of hospitalization: Mother \_\_\_\_\_ Baby \_\_\_\_\_

**Infancy/Toddlerhood** Check all that apply

- Breast fed                     Milk allergies                     Vomiting                     Diarrhea
- Bottle fed                     Rashes                     Colic                     Constipation
- Not cuddly                     Cried often                     Rarely cried                     Overactive
- Resisted solid food                     Trouble sleeping                     Irritable when awakened                     Lethargic

**Developmental History** Please note the age at which of the follow behaviors took place to the best of your ability. Where the age is unknown, please indicate, on time, early, or late.

Sat alone \_\_\_\_\_ Dressed self \_\_\_\_\_  
 Took 1<sup>st</sup> steps \_\_\_\_\_ Tied shoelaces \_\_\_\_\_  
 Spoke words \_\_\_\_\_ Rode two-wheeled bike \_\_\_\_\_  
 Spoke sentences \_\_\_\_\_ Toilet trained \_\_\_\_\_  
 Weaned \_\_\_\_\_ Dry during day \_\_\_\_\_  
 Fed self \_\_\_\_\_ Dry during night \_\_\_\_\_  
 Began puberty \_\_\_\_\_ Menstruation \_\_\_\_\_  
 Voice change \_\_\_\_\_ Breast development \_\_\_\_\_  
 Compared with other family members, child's development was:  slow  average  fast

Age for issues or injuries

Convulsions \_\_\_\_\_ Injuries \_\_\_\_\_  
 Hospitalizations \_\_\_\_\_ Other \_\_\_\_\_

Issues that affected child's development (e.g. physical/sexual abuse, inadequate nutrition, neglect): \_\_\_\_\_  
 \_\_\_\_\_

Any history of being abused by others?  No  Yes  
 Experienced:  Witnessed:  Neglect  Abuse ( Emotional  Physical  Verbal  Sexual)  
 Violence  Sexual assault  
 Explain: \_\_\_\_\_  
 \_\_\_\_\_

What age was the child when her or she was abused? \_\_\_\_\_

Any history of child abusing others?  No  Yes If yes, describe \_\_\_\_\_  
 \_\_\_\_\_

Is there a history of any important separations, losses, deaths, traumas? \_\_\_\_\_  
 \_\_\_\_\_

**Immunization record** (Check immunizations the child/adolescent has received.)

	DPT	Polio		
2 months			15 months	<input type="checkbox"/> MMR
4 months			24 months	<input type="checkbox"/> HBPV
6 months			Prior to school	<input type="checkbox"/> HepB
18 months				
4-5 years				

**Child's Peer Relationships**

Spontaneous  Follower  Leader  Difficulty making friends  
 Makes friends easily  Long time friends  Shares easily  Bullying  
 Being bullied  Other \_\_\_\_\_  
 Social skills:  Good  Average  Poor

**Cultural/Ethnic**

To which cultural or ethnic group, if any, do you belong? \_\_\_\_\_  
 Are you experiencing any problems due to cultural or ethnic issues?  No  Yes  
 If yes, describe \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Other cultural/ethnic information \_\_\_\_\_

**Spiritual/Religious**

How important are spiritual matters to you?  Not at all  Little  Moderate  Much

Are you affiliated with a spiritual or religious group?  No  Yes

If yes, please describe \_\_\_\_\_

Were you raised within a spiritual or religious group?  No  Yes

If yes, please describe \_\_\_\_\_

Would you like your spiritual/religious beliefs incorporated into the counseling?  No  Yes

If yes, describe \_\_\_\_\_

**Child's Current Legal Status**

**Is your child mandated for treatment?**  No  Yes

Is your child involved in any active cases (traffic, civil, criminal)?  No  Yes

If yes, please describe and indicate the court and hearing/trial dates and charges \_\_\_\_\_

Is your child presently on probation or parole?  No  Yes

If yes, please describe \_\_\_\_\_

Probation officers name and telephone number: \_\_\_\_\_

**Child's Past Legal History**

	Yes	No
Traffic Violations		
Criminal involvement		
DWI, DUI, etc.		
Civil involvement		

If you responded yes to any of the above, please fill in the following information

Charges	Date	Where (city)	Results

**Education**

Current school \_\_\_\_\_ School phone number \_\_\_\_\_

Type of school  Public  Private  Home schooled Grade/Academic year \_\_\_\_\_

Teacher \_\_\_\_\_ School Counselor \_\_\_\_\_

In special education or gifted program?  No  Yes If yes, describe \_\_\_\_\_

Has child ever been held back in school?  No  Yes If yes, describe \_\_\_\_\_

Which subjects does the child enjoy in school \_\_\_\_\_

Which subjects does the child dislike in school \_\_\_\_\_

What grades does the child usually receive in school \_\_\_\_\_

Have there been any recent changes in the child's grades?  No  Yes If yes, describe \_\_\_\_\_

Has the child been tested psychologically?  No  Yes If yes, describe (bring reports) \_\_\_\_\_

Current IEP/504 plan in place at school?  No  Yes

**Feelings about schoolwork** (Check the descripts that specifically relate to your child)

- Anxious  Passive  Enthusiastic  Fearful
- Eager  No expression  Bored  Rebellious
- Other \_\_\_\_\_

**Approach to schoolwork**

Organized                       Industrious                       Responsible                       Interested  
 Self-directed                       No initiative                       Refuses                       Does only what is expected  
 Sloppy                       Disorganized                       Cooperative                       Does not complete assignments  
 Others \_\_\_\_\_

**Performance in school (Parent's/Guardian's Opinion)**

Satisfactory     Underachiever     Overachiever     Other \_\_\_\_\_  
 Would you like to have the therapist have communication with the school?    No     Yes

**Work**

If the child is involved in a vocational program or works a job, please fill in the following:

What is the child's attitude toward work?    Poor     Average     Good     Excellent  
 Current employer \_\_\_\_\_                      Position \_\_\_\_\_                      Hours per week \_\_\_\_\_  
 How have the child's grades in school been affected since working?    Lower     Same     Higher

**Parent's work:**

Father    Full Time     Part Time     Temp     Laid-off     Disabled     Retired     Social Security     Student  
 Other: \_\_\_\_\_  
 Mother    Full Time     Part Time     Temp     Laid-off     Disabled     Retired     Social Security     Student  
 Other: \_\_\_\_\_

**Current Annual Income: Personal Income \$** \_\_\_\_\_ **Household Income \$** \_\_\_\_\_

**Leisure/Recreational**

Describe special areas of interest of hobbies (e.g. art, books, crafts, physical fitness, sports, outdoor activities, church activities, walking, exercising, diet/health, hunting, fishing, bowling, traveling, etc.)

Activity	How often now?	How often in the past?

**Media/Electronics Use:**

Cellphone     Texting                       Computer                       Facebook                       Instagram                       Twitter                       Snapchat  
 Videogames     Other \_\_\_\_\_  
 Number of hours/day \_\_\_\_\_  
 Do you have conflicts regarding this? (Describe) \_\_\_\_\_

**Medical/Physical/Health**

Please list all of your child's **CURRENT** medications (prescription and over the counter):

Name of medication	What do you use it for?	When did you begin taking it (year)	What is the strength/dosage	How often is it taken	Name of prescribing physician



Please list all of your child's *PAST* medications (prescriptions and over the counter):

Name of medication	What was it used for?	How long did you take it?	When did you stop taking it?	Why was it stopped?	Was the medication effective?

Describe your child's overall compliance with the above medications \_\_\_\_\_

Please list any nutritional and herbal supplements that your child is currently taking \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

Has your child ever had any bad reactions (made you feel worse) to prior medications? If yes, describe \_\_\_\_\_

Does your child see a psychiatrist? Name: \_\_\_\_\_ Last appointment: \_\_\_\_\_

Hospital of choice \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

**Most recent examinations:**

Type of examination	Date of most recent visit	Reason/Results
Physical exam/Well visit		
Doctor's visit		
Dental examination		
Vision exam		
Hearing exam		
Surgery		
Upcoming surgery		

Physical activity level:  Low  Medium  High

Child's height \_\_\_\_\_ Child's weight \_\_\_\_\_

**Physical family health history**

Have any of the following diseases occurred among the child's blood relatives? (Parents, siblings, aunts, uncles, grandparents) Check all that apply

- |                                        |                                              |                                             |                                                    |
|----------------------------------------|----------------------------------------------|---------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Allergies     | <input type="checkbox"/> Anemia              | <input type="checkbox"/> Asthma             | <input type="checkbox"/> Bleeding tendency         |
| <input type="checkbox"/> Blindness     | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Cerebral Palsy     | <input type="checkbox"/> Cleft lips                |
| <input type="checkbox"/> Cleft palate  | <input type="checkbox"/> Deafness            | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Glandular problems        |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Kidney disease     | <input type="checkbox"/> Mental retardation        |
| <input type="checkbox"/> Migraines     | <input type="checkbox"/> Multiple sclerosis  | <input type="checkbox"/> Muscular Dystrophy | <input type="checkbox"/> Perceptual motor disorder |
| <input type="checkbox"/> Seizures      | <input type="checkbox"/> Spina Bifida        | <input type="checkbox"/> Other _____        |                                                    |

Comments regarding family health \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

For each illness listed below, choose a single answer that best describes your CHILD'S health history:

<b>Condition</b>	<b>Currently</b>	<b>In the past</b>	<b>Never</b>	<b>Condition</b>	<b>Currently</b>	<b>In the past</b>	<b>Never</b>
Abortion				Loss of consciousness			
Anemia				Memory loss			
Appetite change				Numbness			
Arthritis				Pain (Daily, longer than 2 weeks)			
Asthma				Palpitations			
Back pain				Paralysis			
Blood in stool				Rheumatic fever			
Blurred vision				Seizures			
Caffeine use				Shortness of breath			
Chest pain				Skin disease			
Chicken pox				Sleep apnea			
Chronic cough				Sleep difficulties			
Colitis or Irritable Bowel				Stroke or TIA			
Confusion or disorientation				Swallowing difficulty			
Constipation				Dental problems			
Diabetes				Thyroid disease			
Diarrhea				Tuberculosis			
Dizziness				Ulcers or indigestion			
Emphysema				Urination difficulty			
Fainting				Sexually Transmitted Infections			
Glaucoma				Weakness			
Gluten allergy				Recent weight gain			
Head injury				Recent weight loss			
Headaches (Frequent)				Malnutrition			
Hearing loss				Epilepsy			
Heart disease				Autoimmune condition			
Miscarriage				Hepatitis			
Infertility				Low energy level			
Low libido				Other:			
Multiple sclerosis							

List any other current health concerns the therapist should be aware of \_\_\_\_\_  
\_\_\_\_\_

List any recent health or physical changes \_\_\_\_\_  
\_\_\_\_\_

Do any of these illnesses significantly challenge or limit your child's ability to function at school or at home? If yes, please provide details \_\_\_\_\_  
\_\_\_\_\_

**Self-Care**

**Sleep:**

How many hours of sleep does your child receive in a typical night? \_\_\_\_\_ Hours  
Any problems:  Falling asleep  Staying asleep  
How many hours of sleep do they need to feel rested? \_\_\_\_\_ Hours

**Nutrition**

How many consistent meals is your child eating/day? \_\_\_\_\_  
Quantity consumed at meals  Low  Medium  High  
Explain: \_\_\_\_\_  
Quality of food eaten  Low  Medium  High  
Explain: \_\_\_\_\_  
Is there anything notable about your child's diet, appetite (gluten free, etc.)? \_\_\_\_\_  
Any foods avoided or do they only eat certain foods? \_\_\_\_\_  
Does your child eat not-edible items? \_\_\_\_\_

**Exercise**

Does your child receive regular exercise? Explain type: \_\_\_\_\_  
How often \_\_\_\_\_ week/month  
How long do they exercise? \_\_\_\_\_ min/hours

**Disabilities**

Does your child have any physical/psychological disabilities?  No  Yes  
If yes, describe and note how it affects your child's physical and/or psychological functioning and how they adjust to their disability(ies): \_\_\_\_\_  
Have they made an adjustment to the disability/disorder?  NO  Yes  
Does your child have any need for assistive technology in the provision of counseling services?  No  Yes  
If yes, explain: \_\_\_\_\_

**List FAMILY history of mental illness/substance use:**

**Mother = Mo; Father = Fa; Sibling = S; Grandmother = Gm; Grandfather = Gf**

Family History of:	Currently	In the Past	Never
Substance Abuse			
Depression			
Anxiety			
Bipolar			
Suicide/Homicide Attempt			
Nervous Breakdown			
Addictive Behaviors (eating, sexual, etc.)			
Psychiatric Hospitalizations			

Do any of these illnesses significantly challenge or limit your ability to function at work or at home? If yes, please describe in detail:

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**List your CHILD'S history of mental illness/substance abuse**

Child's History of:	Currently	In the Past	Never
Substance Abuse			
Depression			
Anxiety			
Bipolar			
Suicide/Homicide Attempt			
Nervous Breakdown			
Addictive Behaviors (eating, sexual, etc.)			
Psychiatric Hospitalizations			

Any additional information that you believe would assist us in understanding your child/adolescent? \_\_\_\_\_

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**Substance Use History**

Drug Type	Method	Age at first use	Age at last use	Age of onset of heavy use	Number of days used in the last 30	Used in last 48 hours?	Used as a rx?	Date of last use	Amount used daily	Amount used weekly	Drug of choice
Alcohol											
Heroin											
Other opiates/painkillers											
Barbiturates/Sedatives											
Other sedatives											
Tranquilizers											
Meth/Stimulants											
Cocaine											
Crack											
Hallucinogens/PCP											
Cannabis											
Inhalants											
Antidepressants											
Over the counter											
Nicotine											
Caffeine											
Steroids											
Methadone/Suboxone											
Benzodiazepines											
Other											

**Substance(s) of preference**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

Describe when and where your child typically use substances \_\_\_\_\_

Describe any changes in your child's use patterns \_\_\_\_\_

Describe how your child's use has affected your family or friends (include their perceptions of your use) \_\_\_\_\_

**Reason for use**

- Addicted     Build confidence     Escape     Self-medication
- Socialization     Taste     Other \_\_\_\_\_

How do you believe your child's substance use affects your life and your child's life? \_\_\_\_\_

Who or what has helped your child in stopping or limiting their use? \_\_\_\_\_

Does/Has someone in your family present/past have/had a problem with drugs or alcohol?  No  Yes

If yes, describe \_\_\_\_\_

**Substance Abuse History Continued**

- Has your use of alcohol or drugs interfered with your obligations at work?
- Has your use of alcohol or drugs interfered with your obligations at school?
- Has your use of alcohol or drugs interfered with your obligations at home?
- Have you used alcohol or drugs while driving a car or truck?
- Have you used alcohol or drugs while operating machinery?
- Have you ever been arrested as a result of drinking or using drugs?
- Have you continued to use alcohol or drugs despite having problems caused by the effects of the substance?
- Have you ever used more alcohol or drugs in order to achieve the desired effect?
- Has there become a markedly diminished effect with the continued use of the same amount of the substance?
- Have you ever needed to take a drink or use a drug in the morning in order to relieve a hangover?
- Have you ever used substances in larger amounts or over a longer period of time than was initially intended?
- Have you attempted to cut down or control the amount of drinking or drug use without success?
- Have you spent a great amount of time in activities necessary to obtain the alcohol or drugs?
- Have important social, occupational, or recreational activities been given up or reduced because of your use of alcohol or drugs?
- Have you continued to use alcohol or drugs despite knowing that physical, psychological, or legal problems are likely to occur?

**Personal Assessment**

Personal Strengths (Circle all that apply):

Compromising	Creative	Cooperative	Compassionate	Friendly
Generous	Hard Working	Honest	Intelligent	Insightful
Open Minded	Open to Therapy	Sense of Humor	Spirituality	Willing to change

Other: \_\_\_\_\_

Individualized Needs (Circle all that apply):

Accessibility	Case Management	Child Care	Clothing
Companionship	Employment	Finances	Food
Heat	Medical Services	Medications	Safety
Social Support	Telephone	Transportation	Coping Skills

Other: \_\_\_\_\_

Abilities/Interests (Circle all that apply):

Financial Management                      Job Skills                      Leadership                      Organized  
Reader                      Recreation                      Resourcefulness                      Social Skills                      Writing  
Other: \_\_\_\_\_

Preferences (Please indicate):

Day: \_\_\_\_\_ Time: \_\_\_\_\_  
Cultural/Religious/Sexual Considerations: \_\_\_\_\_  
\_\_\_\_\_  
Aftercare/Discharge planning: \_\_\_\_\_  
Supports: \_\_\_\_\_  
Other: \_\_\_\_\_

\_\_\_\_\_  
Signature of person filling out form

\_\_\_\_\_  
Date

**\*DOCUMENT WILL BE REVIEWED DURING INTAKE AND DOCUMENTED ON THE INTAKE ASSESSMENT.**

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