

**Questing for Change- Middle School
An Interactive Therapeutic Tabletop Role Play Game Group**

**Are you in 5th and 6th grades?
Do you like Superheroes?
Have you ever wished for super powers?**

If so, come be a hero and save the world!

Please join Linnea Sieh, LPC and your fellow adventurers, on a quest for individual change using an immersive, cooperative story-telling experience through tabletop role playing games.

Linnea has had additional training to be able to guide players through different scenarios in game to teach techniques in a trauma informed way that encourages creativity and group interaction. She utilizes in-game safety and consent monitoring systems to ensure a positive, safe, and affirming environment for players of all ages, abilities, and experience levels.

Our Middle School Questing for Change Group will be utilizing the game system **Fate**, which is an interactive, player built, collaborative world game experience. For this group, players will be able to create their own superhero character to use in the game space.

Here is a little more information about the game itself:

- **Players collaborate to build the world**
- **Players can create their own Superhero character**
 - **Builds creative thinking skills**
 - **Develops conflict resolution techniques**
- **Supports social anxiety reduction through role play**
 - **Assists in boosting confidence**
- **Provides opportunities to practice anger management skills**

Contact Lillybrook at (248)250-6620 to register.

Tentative Dates- dependent on registrations:

Bi-Weekly Tuesdays, May 2- July 11, 2023

Time: 6:30-8 pm

Fees (private pay, no insurance): \$40 a session, \$210 if paid in full for 6 sessions.

Limited to 4 in person spots

